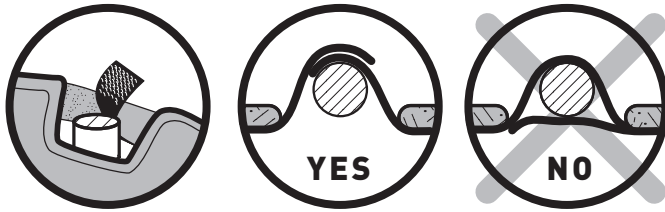
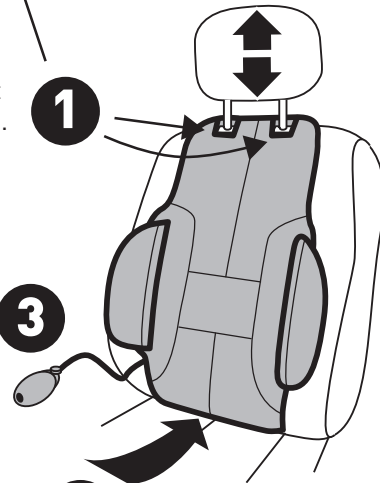


## INSTRUCTIONS FOR USE



Lift up the headrest without removing it and attach ad'just® using the Velcro strip.

**1**



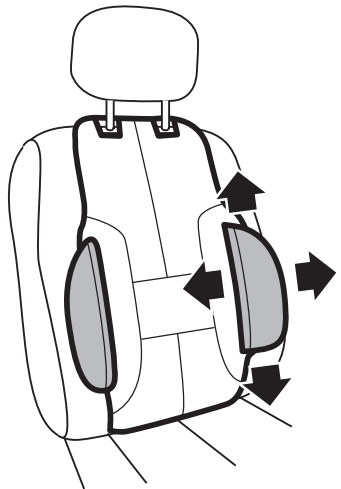
Position the air pump within arm's reach so that it does not interfere with driving or with safety installations such as the seatbelt or airbag. Shorten the rubber tube if necessary.

**3**



**2**

Feed the bottom of ad'just® through the gap between the base and the back of the seat



**4**

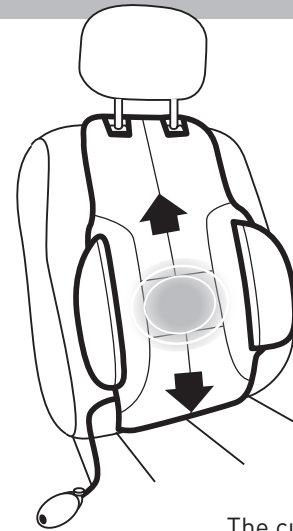
To avoid possible discomfort, position the side cushions so that they do not exert continual pressure on your body. The support they offer will become apparent when taking corners.



**2 YEARS WARRANTY**

warranty@adjust.fr

EN



**5**

You will need to be seated to adjust the height of the inflatable lumbar support cushion. Slip your hand between the back of the seat and ad'just® and peel off the cushion. Slide it down to the lumbar region of your back and remove your hand when it seems to be most comfortable for you.

The cushion will remain fixed in this position.

## ALL PRODUCTS ad'just®

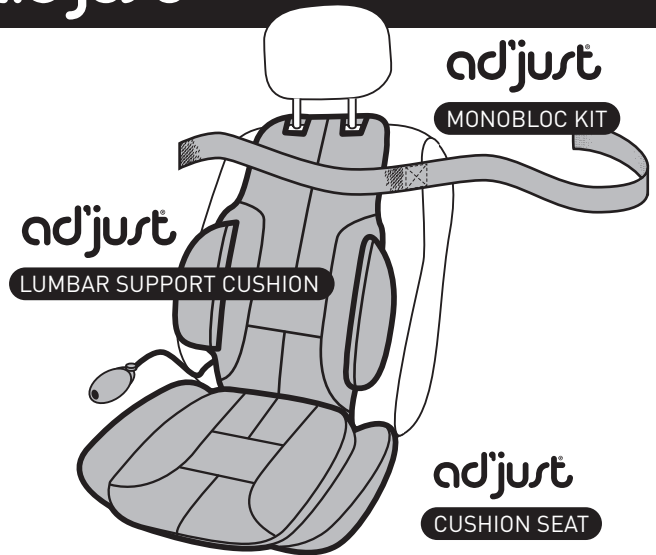


**Préventica** SANTÉ / SÉCURITÉ AU TRAVAIL  
CONGRÈS // SALONS  
**PRIX DE L'INNOVATION**  
LILLE EUROPE 2016

**LUMBAR SUPPORT CUSHION**  
Lumbar and lateral support

**MONOBLOC KIT**  
Kit for assembling the lumbar support cushion on a monobloc seat

**SEAT CUSHION**  
Adjust the angle of the back / leg base to alleviate tension



ad'just  
MONOBLOC KIT

ad'just  
LUMBAR SUPPORT CUSHION

ad'just  
CUSHION SEAT

### A few tips:

Perfect adjustment is rarely achieved straight away. You may need to try a few times before finding the right position.

**A good piece of advice:** Adapt ad'just® to your needs! Some users often inflate and deflate the cushion, others place it at the bottom of the seat or even vertically...

Warning! This product is only designed for adults and children over the age of 10. Under no circumstances can it be a substitute for an approved child seat.



contact@adjust.fr

www.adjust.fr



www.adjust.fr/youtube

adjust sas : 92 route de Jallieu | 38080 Saint Marcel Bel Accueil | France

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