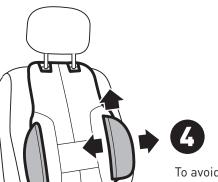
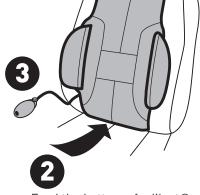
INSTRUCTIONS FOR USE



Lift up the headrest without removing it and attach ad'just® using the Velcro strip.

Position the air pump within arm's reach so that it does not interfere with driving or with safety installations such as the seatbelt or airbag. Shorten the rubber tube if necessary.





Feed the bottom of ad'just® through the gap between the base and the back of the seat

To avoid possible discomfort, position the side cushions so that they do not exert continual pressure on your body. The support they offer will become apparent when taking corners.

A few tips:

Perfect adjustment is rarely achieved straight away. You may need to try a few times before finding the right position.

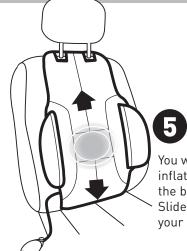
A good piece of advice: Adapt ad'just® to your needs! Some users often inflate and deflate the cushion, others place it at the bottom of the seat or even vertically...

Warning! This product is only designed for adults and children over the age of 10. Under no circumstances can it be a substitute for an approved child seat.



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You will need to be seated to adjust the height of the inflatable lumbar support cushion. Slip your hand between the back of the seat and ad'just® and peel off the cushion. Slide it down to the lumbar region of your back and remove your hand when it seems to be most comfortable for you.

adjust

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CUSHION SEAT

The cushion will remain fixed in this position.



Kit for assembling the lumbar support cushion on a monobloc seat

SEAT CUSHION

Adjust the angle of the back / leg base to alleviate tension







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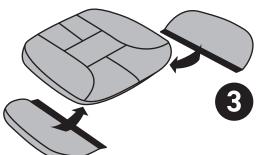
adjust

LUMBAR SUPPORT CUSHION

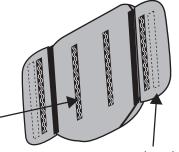
INSTRUCTIONS FOR USE

The shape of the cushion alleviates nerve and muscular tension at the base of the back.

- Place the cushion in the seat.
- Settle down...
 and if your seat can be adjusted in height look for the right position.
 (viewing angle support on the pedals well-being...)



Then, adjust the side cushions. Since they are fixed from below, you need to **come out of the seat**, adjust them and reinstall yourself to appreciate the new setting.

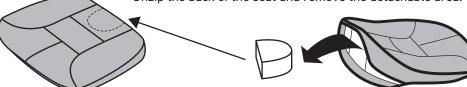


The non-slip strips limit slippage.

The cushions are removable and washable (30°C). Take care with the hook fastening areas which can cause damage to other materials.

To relieve any unwanted pressure on the coccyx:

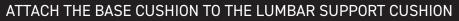
Unzip the back of the seat and remove the detachable area.

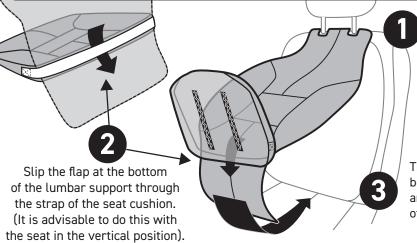




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ΕN





Attach the lumbar support cushion to the headrest.

Then slip the flap between the seat and the back of the chair





LUMBAR SUPPORT CUSHION

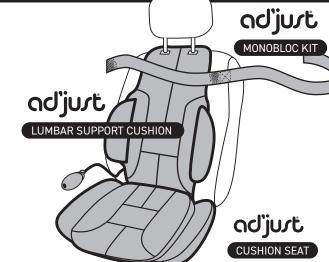
Lumbar and lateral support

MONOBLOC KIT

Kit for assembling the lumbar support cushion on a monobloc seat

SEAT CUSHION

Adjust the angle of the back / leg base to alleviate tension









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